

Advancing Science for the Health of Women: 2019-2023 Trans-NIH Strategic Plan

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orwh.od.nih.gov | #SABV | @NIH_ORWH

Women's Health ~ The Health of Women

Consideration of sex & gender influences—in the context of biopsychosocial & life course factors—across the biomedical research continuum, to inform & improve the health of women

Women's Health Research – study of health conditions (& health determinants):



- that are specific to women
 - more common or serious in women
 - have distinct causes / manifestations in women
- OR • have different outcomes or Tx in women

IOM. 2010. *Women's Health Research*. Washington, DC: Nat'l Acad. Press.

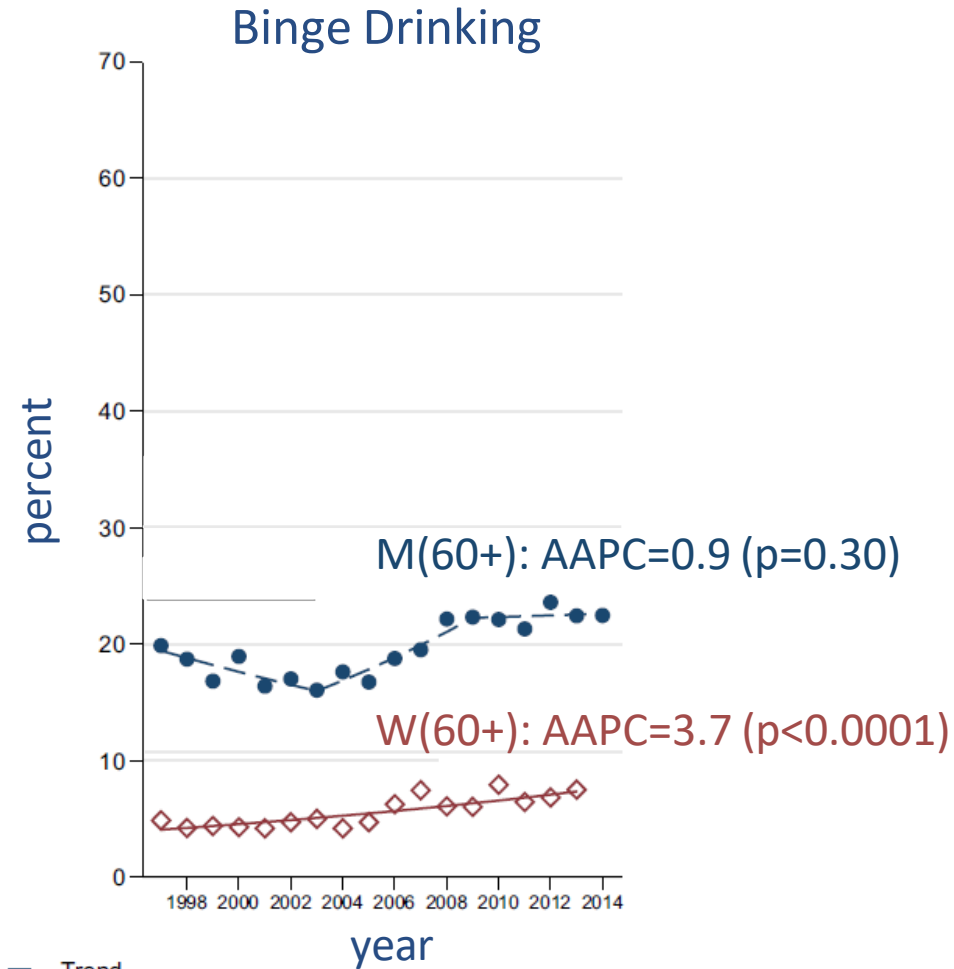
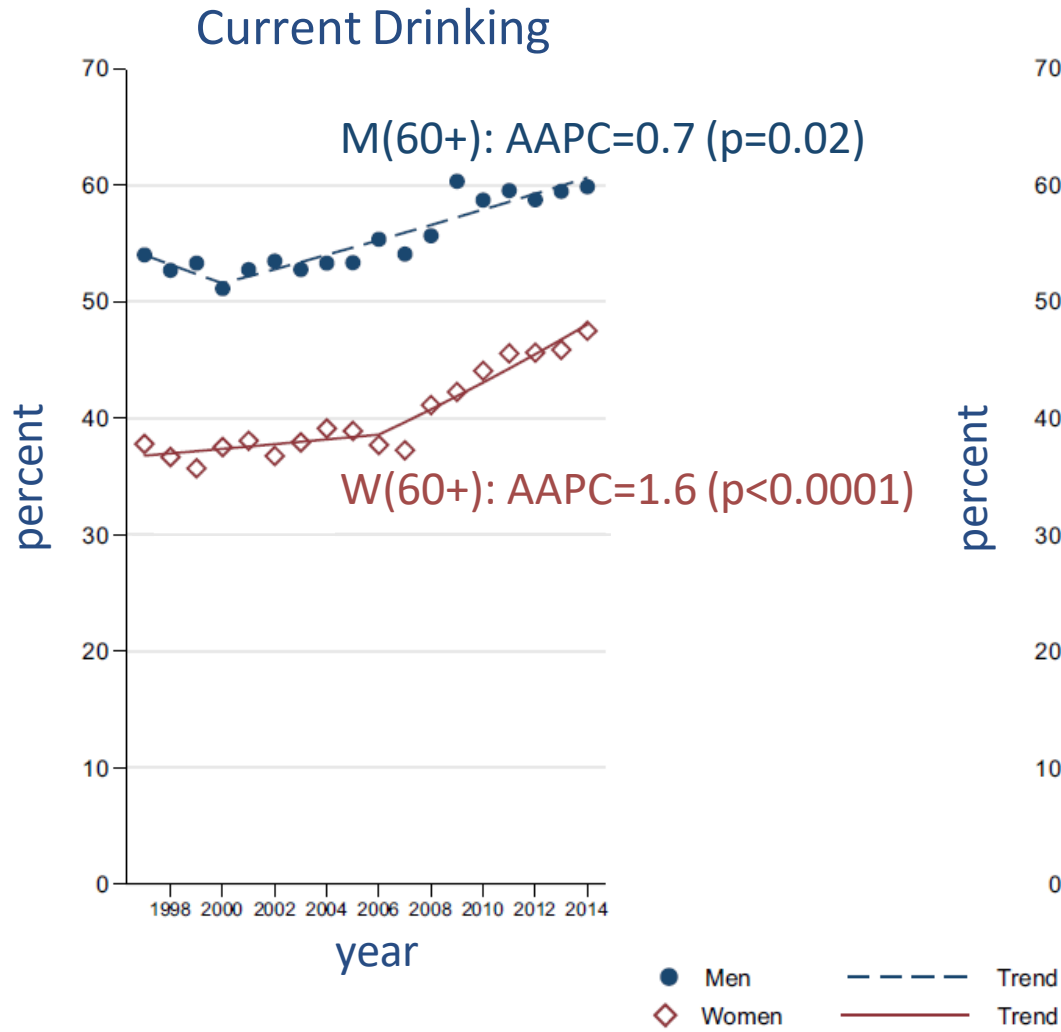
Health of Women:

- more than conditions & diseases that only or mostly affect women
- includes sex & gender influences on all aspects of health & disease



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Trends in alcohol consumption are steeper for women than men



ORWH Draft Vision & Mission

Vision

Sex & gender influences are integrated into the biomedical research enterprise; every woman receives evidence-based disease prevention & treatment tailored to her own needs, circumstances & goals; and women in science reach their full potential.

Mission

To enhance research related to diseases, disorders & conditions affecting women; to help ensure that women are appropriately represented in biomedical research supported by the NIH; and to improve the advancement of women in biomedical careers.



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Contextual Landscape

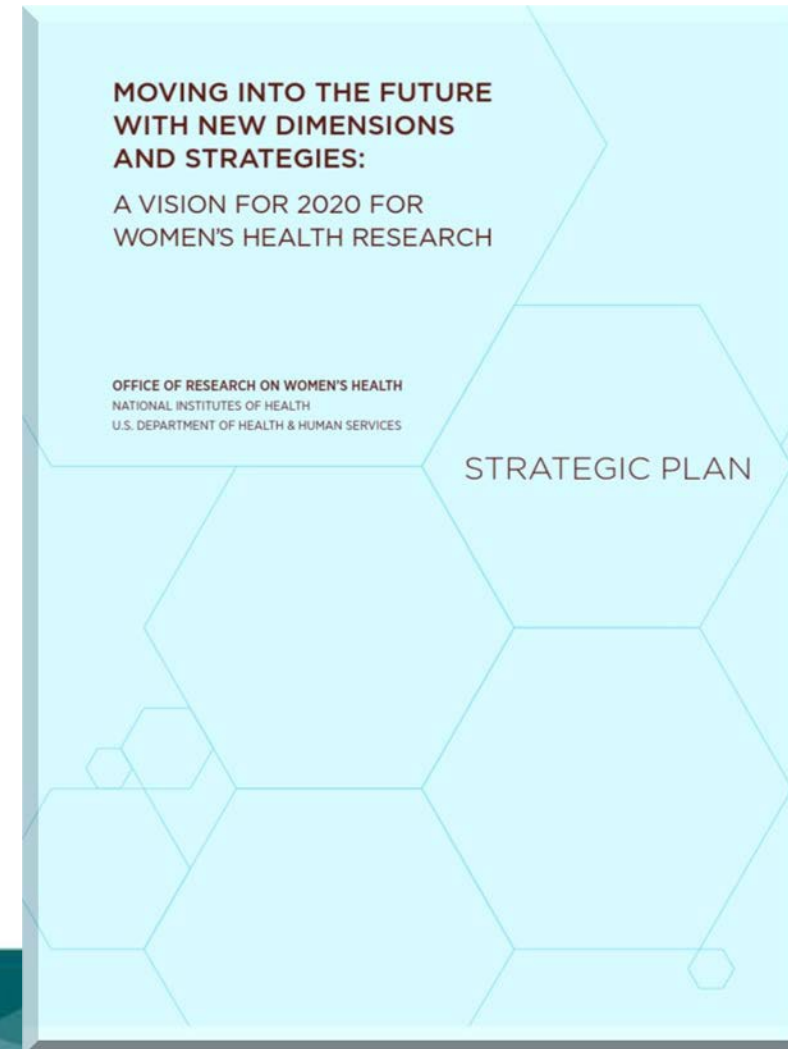
- Multidimensional perspective is complex; difficult to measure; and therefore, limited in biomedical research
- Integration of sex & gender considerations into biomedical research is still evolving
- Each IC establishes its own strategic plan
- ORWH achieves its mission through co-funding



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Current Trans-NIH Strategic Plan for Women's Health Research

“Moving into the Future with New Dimensions & Strategies: A Vision for 2020 for Women's Health Research”



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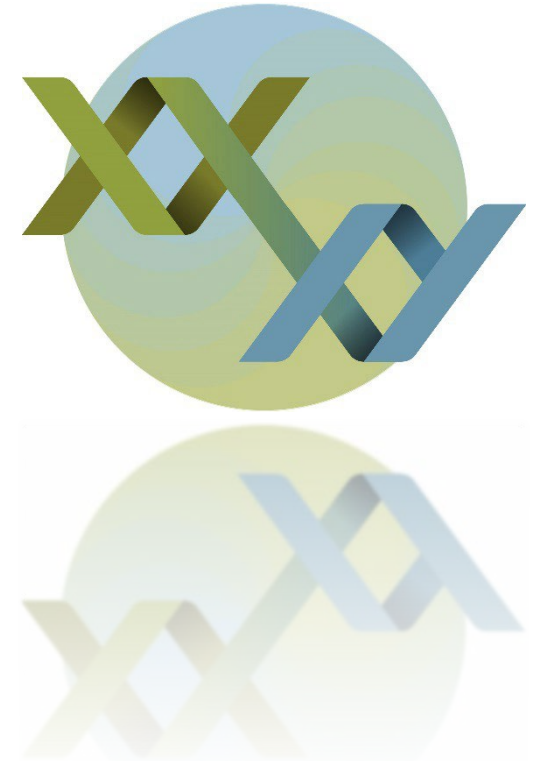
Sex As a Biological Variable (SABV) Policy

“NIH expects that sex as a biological variable will be factored into research designs, analyses, and reporting in vertebrate animal and human studies.”

NOT-OD-15-102*: Consideration of Sex as a Biological Variable
in NIH-funded Research

*Effective date: January 25, 2016

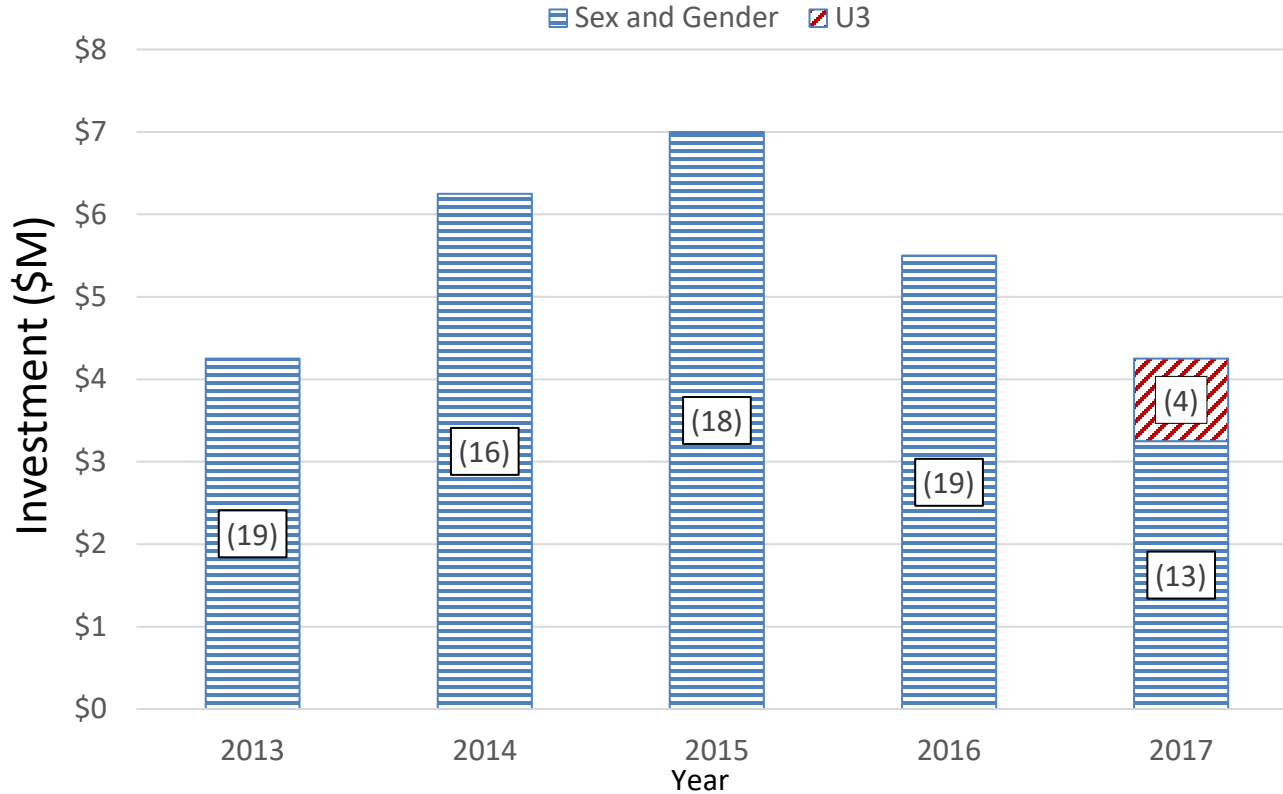
<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-15-102>



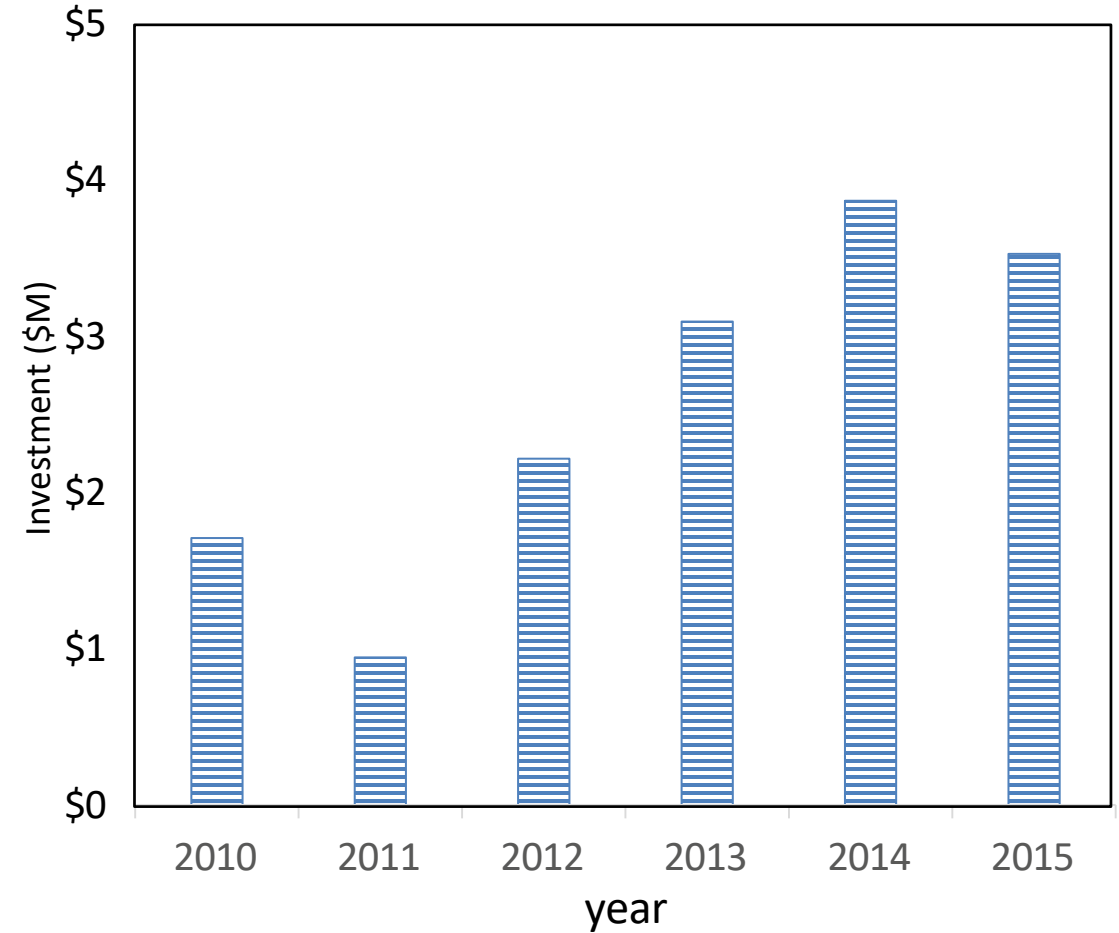
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Investment Highlights

Flagship Admin. Supplements

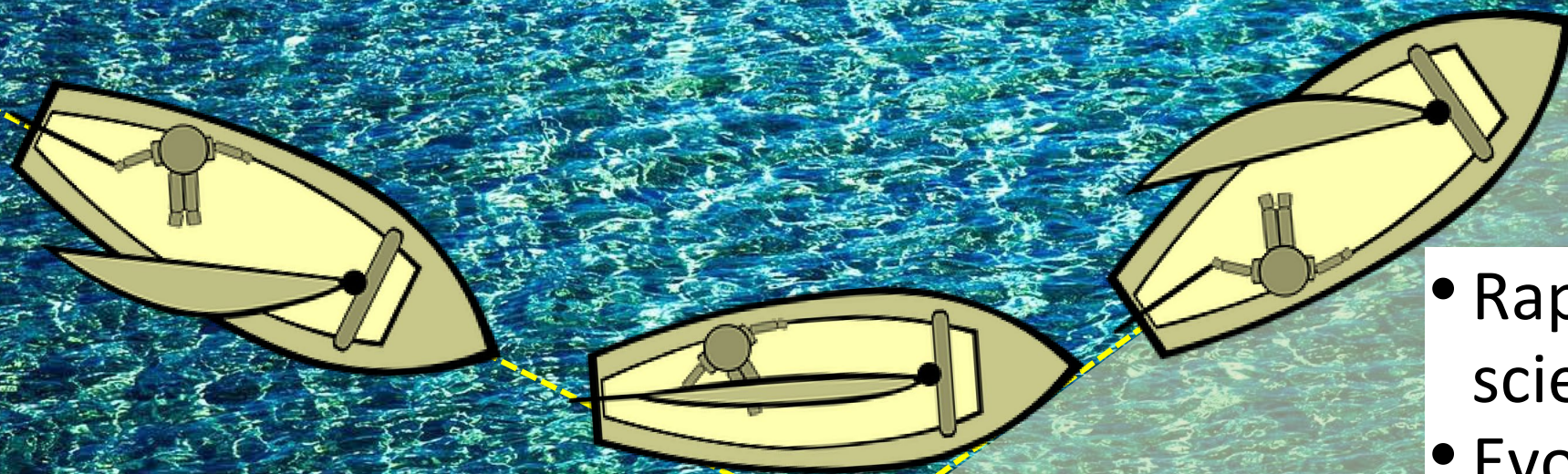


Brain Disorders



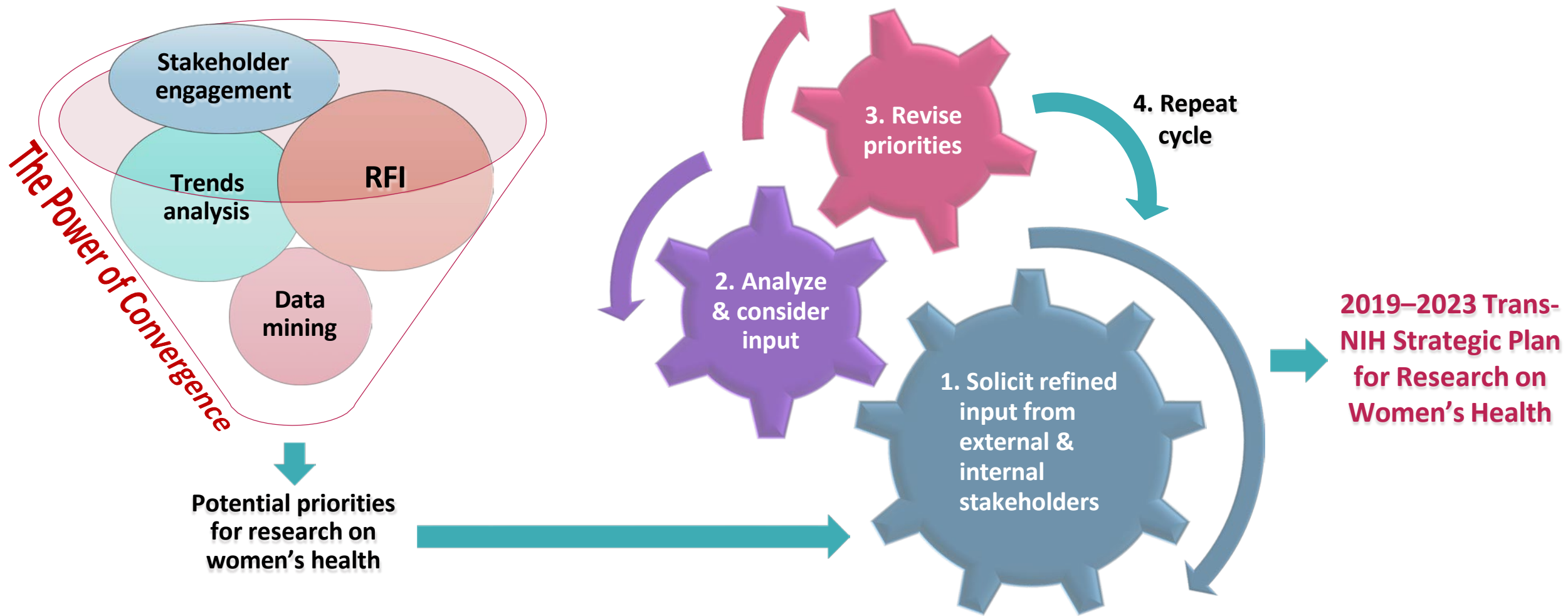
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Adjusting Our Course



- Rapid advancement of science & technology
- Evolving public health needs
- Mandates of the 21st Century Cures Act

Strategic Planning Process: multi-resource, iterative approach, with strong focus on stakeholder input



2017

Feb
Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

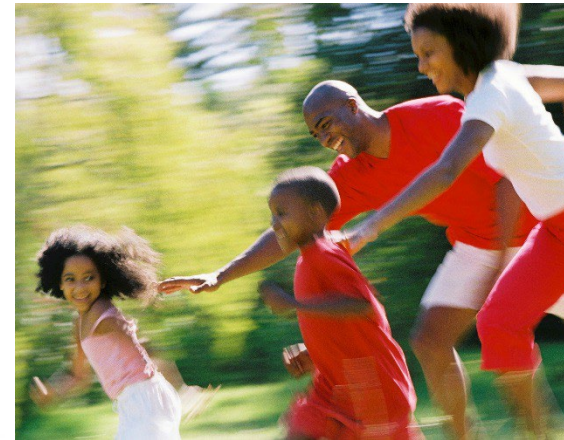
RFI Methods

- Sep. 12 – Nov. 10, 2017
- Stakeholder engagement: researchers, policy/advocacy organizations, clinicians, scientific societies, health care, academic, pharma & government agencies
- Online, phone, email, in-person, social media & flyer distribution
- Thematic analysis

Federal Partners



(Pexels, CC0)



ADVOCACY

(Nick Youngson CC BY-SA 3.0)



RFI Results

- 145 responses*
 - ✓ Researcher 46%
 - ✓ Federal 18%
 - ✓ Advocate 17%
 - ✓ Clinician 15%
 - ✓ Other/Unknown 14%
 - ✓ Patient 7%
- 45 broad thematic categories

*Multiple response selection permitted;
consequently, percentages sum to more than 100%.

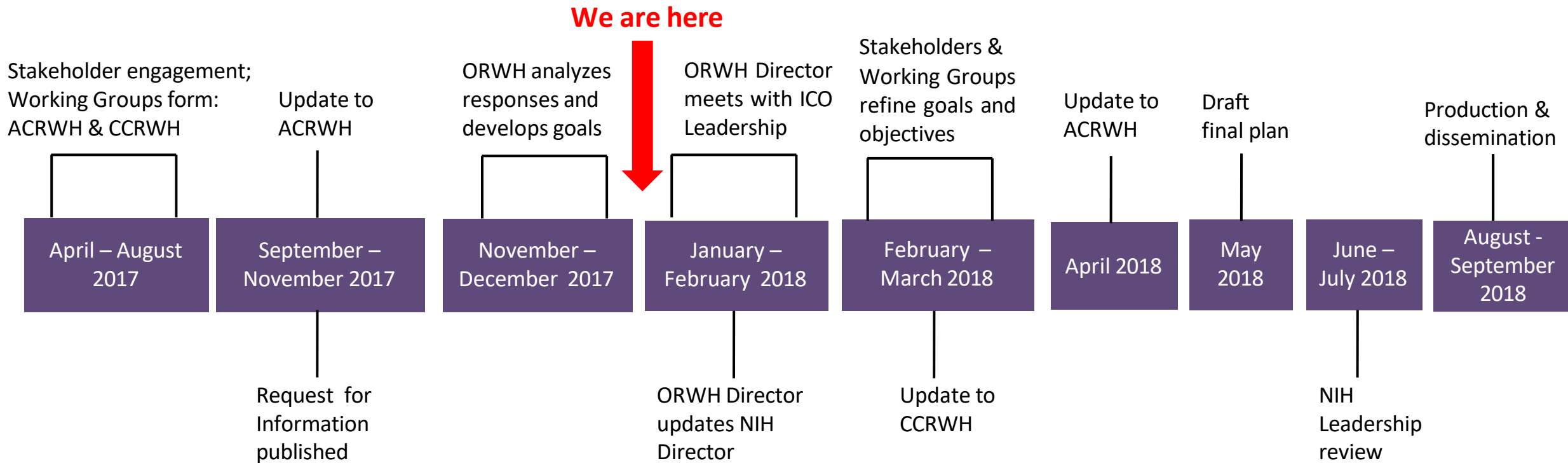


(Max Pixel, CC0)



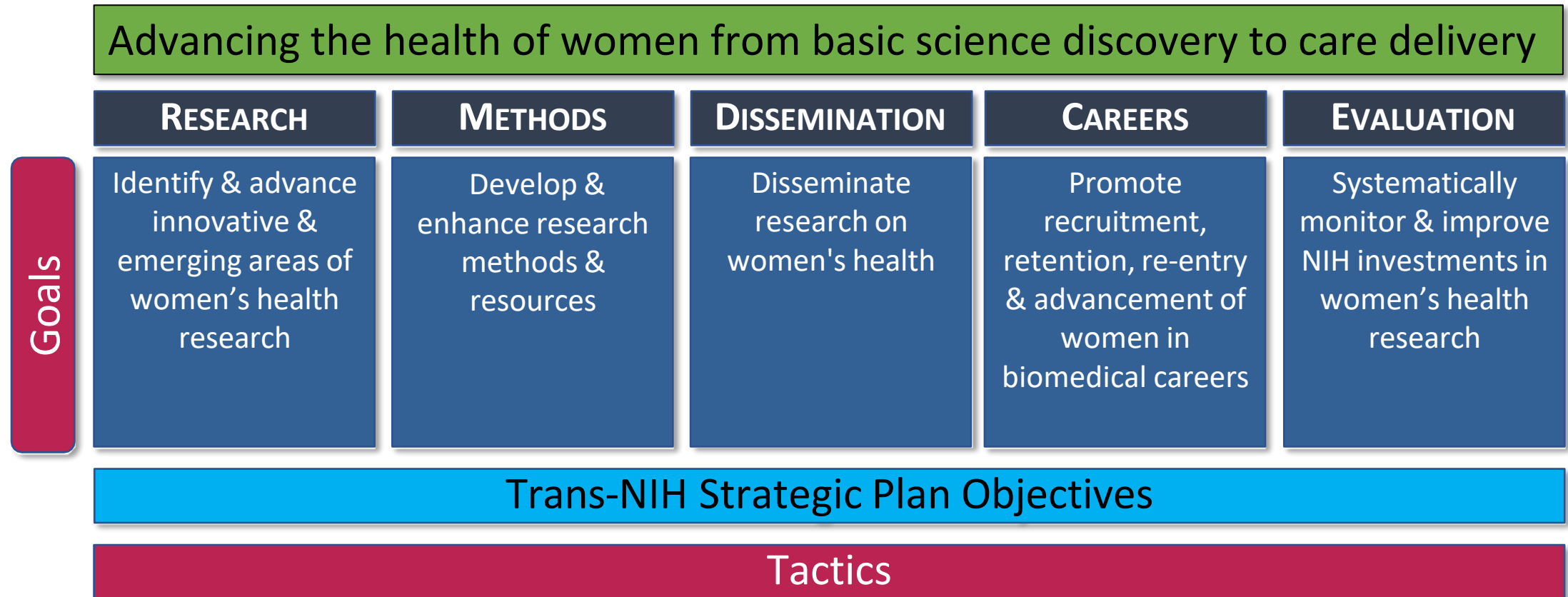
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Timeline for FY 2019 – 2023 Trans-NIH Strategic Plan on Women's Health



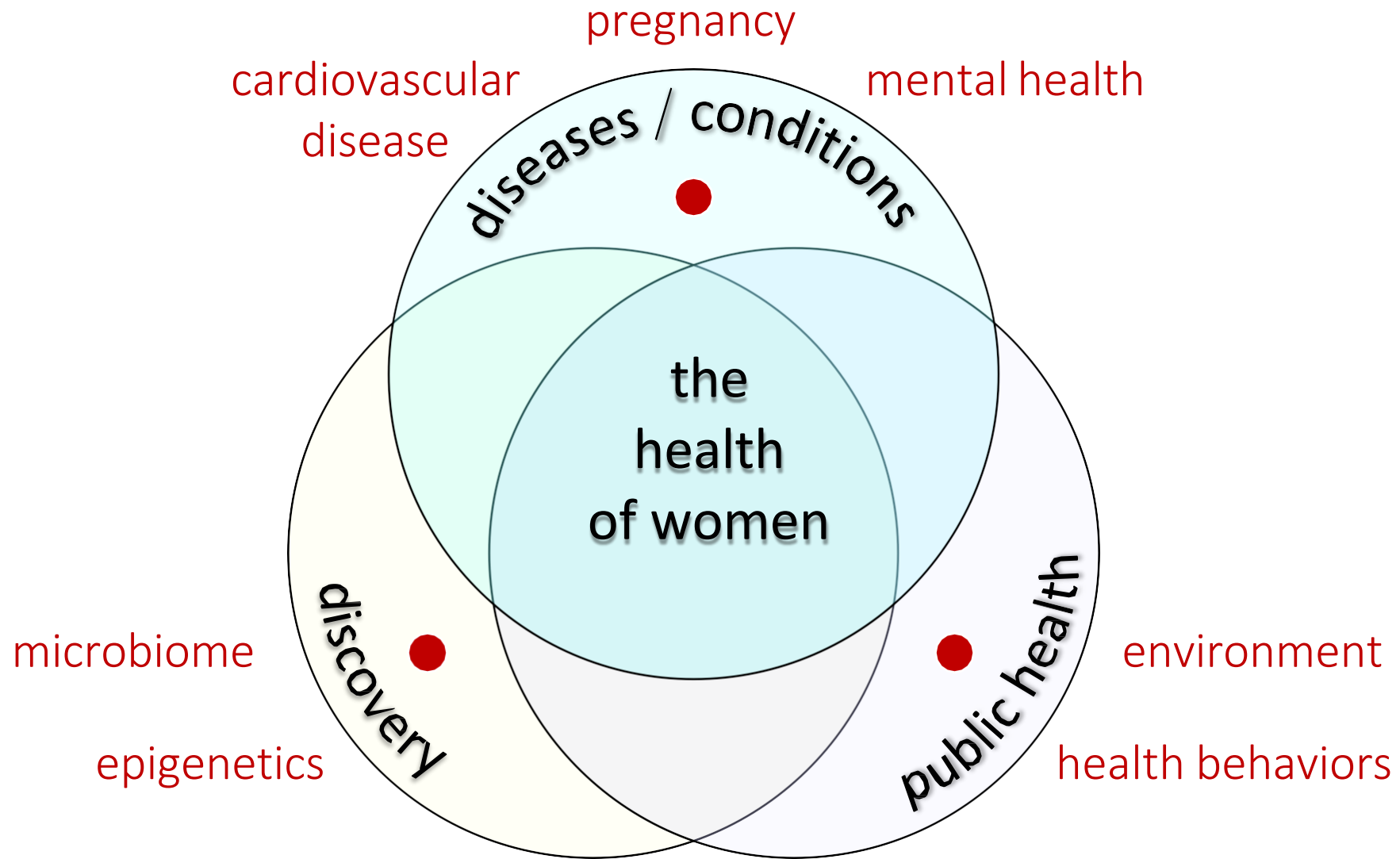
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Draft Trans-NIH Strategic Priorities for Women's Health Research



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RFI Responses – Research Topic Summary



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Strategic Priority #1

RESEARCH

Goal

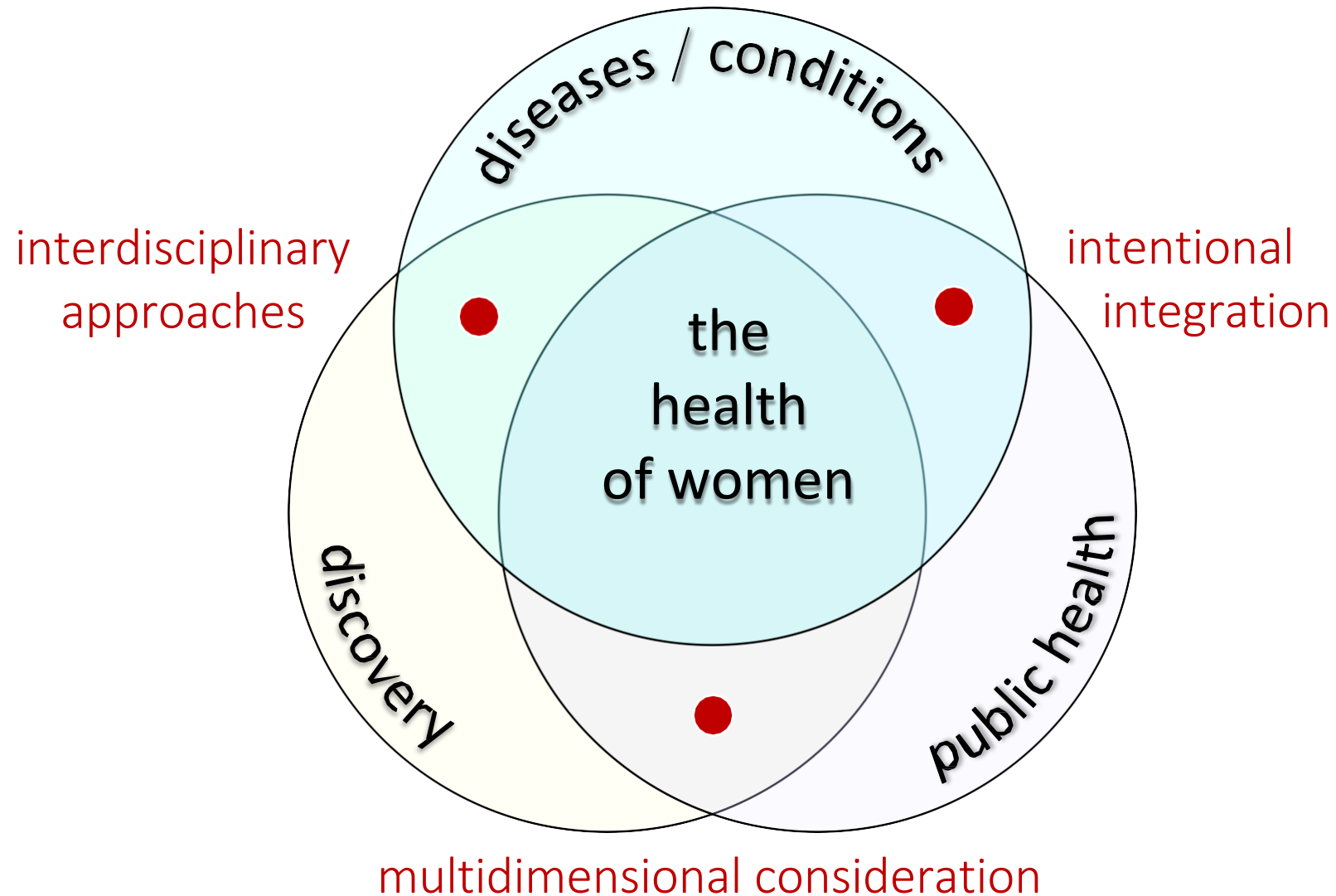
Identify & advance
innovative &
emerging areas of
women's health
research

Tactics

- Support relevant research
- Collaboratively prioritize research areas
- Increase partnerships (ICOs, Federal partners & community)
- Develop & maintain trans-NIH forums
- Integrate into major NIH initiatives (e.g. *All of Us*)



RFI Responses – Prominent Cross-Cutting Themes



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Strategic Priority #2

METHODS

Goal

Develop & enhance
research methods
& resources

Tactics

- Expand SABV policy application
- Identify strategies (e.g. study designs) to fully integrate sex & gender into research
- Provide advanced ed. on sex & gender
- Identify opportunities for data sharing
- Leverage big data sources (e.g. CDC)



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Strategic Priority #3

DISSEMINATION

Goal

Disseminate
research on
women's health

Tactics

- Identify strategies to improve sex specific results reporting (e.g. journal guidelines)
- Develop status report on US women's health
- ORWH seminars, meetings & SIG
- Partner on Trans-NIH meetings
- Improve coding of research on the health of women



Strategic Priority #4 CAREERS

Goal

Promote recruitment, retention, re-entry & advancement of women in biomedical careers

Tactics

- Promote positive institutional & cultural change among men & women in STEM
- Lead efforts to discuss barriers & track progress of women in STEM careers
- Provide strategies to support women advancing to their full potential in biomedical careers
- Financially support programs



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Strategic Priority #5

EVALUATION

Goal

Systematically monitor & improve NIH investments in women's health research

Tactics

- Assess progress (e.g. inclusion & research findings)
- Provide routine updates to NIH & Congress
- Interpret policies & develop business processes
- Provide strategies to ensure inclusion of all groups of girls & women in research



(Kevin McCoy, 2004; CC BY-SA 2.0)



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Next Steps

- ❑ Communicate with ICO leadership
- ❑ Partner with ICOs to establish Trans-NIH Women's Health Strategic Planning Group
- ❑ Refine research priorities & objectives in collaboration with ICOs, ACRWH & CCRWH
- ❑ Develop dissemination plan
- ❑ Design implementation plan with metrics of success



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Thank You!



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